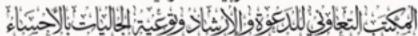
المملكة العربية السعودية



تحت إشراف وزارة الشنون الإسلامية والأوقاف والدعوة والإرشاد

السلسلة التعليمية الكتاب الأول

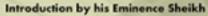


أسلمت حديثاً فماذا أتعلم ؟

I am a New Muslim....

What do I need to Learn





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Introductory Statement

In the Name of Allah the Beneficent the Merciful
By his eminence the Professor Shiekh Dr. Ali bin Sa'd Al-Dhuwayh'ee
Member of the Board of Senior 'Ulema

All Praise is due to Allah the Exalted and may the peace and blessings of Allah be upon His Messenger Muhammad, his family and Companions and all those who follow them until the Day of Resurrection

To Proceed:

The Islamic Center of Al-Ahsa is striving towards a noble cause in Calling to Allah and the Religion of Islam for the non-Muslims who have come to this noble country for the sake of work. The fruits of the efforts of this Center are evident, for by the Grace and Help of Allah the Exalted, the number of those who were guided to Islam has reached thousands from various nationalities.

The Center also plays a great role in the development of Islamic awareness in the Muslim expatriates. This is by holding educational activities in the form of Islamic lessons, and by placing a curriculum that suits the level of knowledge and understanding of the learner.

So I ask Allah the Exalted, the Most High, by His gracious Names and Divine Attributes, to place these efforts in the scales of those who take care of the affairs at the Islamic Center of Al-Ahsa, and I ask Him, the Exalted, to keep them firm upon the path that leads to what He loves and is pleased with from words and deeds, for in His Hands are all means of success.

May the Peace and Blessings of Allah be upon our Prophet Muhammad, his family and Companions and all those who follow them.

Dr. Ali bin Sa'd Al-Dhuwayh'ee

Preface

All Praise is due to Allah the Exalted and may the peace and blessings of Allah be upon His Messenger Muhammad, his family and Companions and all those who follow them until the Day of Resurrection.

From the goals of the Islamic Center of Al-Ahsa is guiding Muslims to the correct Islamic belief in general, calling non-Muslims to Islam in particular, and teaching those who have been guided to Islam beneficial knowledge. In order to accomplish this noble goal, the Center has placed an annual program of educational activities for the purpose of teaching Islamic knowledge. It was also essential in establishing these educational activities to consider the nature of those who are studying, the duration of study, and taking advantage of the best means to accomplish these educational goals. Hence, there was a need to devise an educational curriculum that covers the most important and authentic information clearly, whilst using learning methods to achieve the purpose of study. Consequently, this blessed series was developed for the curriculum.

Due to the fact that the Center wished that these curriculums would benefit a great number of Islamic Centers of Propagation in the Kingdom, and the Islamic centers throughout the world, great care was undertaken with regards to the academic material and the level of simplicity.

We hope, by the will of Allah, these programs will close the gaps in the important aspects of learning and make the educational process simple and easy.

In your hands, <u>I am a New Muslim.....What do I Need to Learn?</u>, is the first book from amongst an educational series that the Islamic Center of Al-Ahsa is working towards developing and producing.

We ask Allah, the Exalted, to cause this book to be of benefit, and to reward with good all of those who have contributed to its production, for in His Hands are all means of success, All Praise is due to Allah, Lord of the Worlds, and may the peace and blessings of Allah be upon our Prophet Muhammad, his family and Companions.

Introduction

All Praise is due to Allah, Who has blessed us with guidance to this Religion. we could have never found guidance were it not that Allah had guided us. He directed us from the darkness into the light from uncertainty to certainty and faith, and from despair to happiness and contentment. May peace and blessings be upon he whom Allah has sent as a guider, a spreading light. He revealed unto him a Book (the Quran) that guides to that which is most just and right, and caused him to be a mercy to mankind.

To Proceed:

Why This Book?

There is a rapid increase in the number of those who embrace Islam from different nationalities every day and everywhere. All Praise is due to Allah. For this reason the Callers to Allah hold a great responsibility in teaching the new Muslims aspects of their Religion and the requirements upon them along with the rights they hold in their new Muslim community.

It is also known that many of the aspects of Islam require the new Muslim to practice them immediately upon embracing Islam, such as Prayer (Salah) and the rulings and acts which are compulsory for the correct performance and acceptance of the prayer.

Moreover, the one who has indulged into this field will notice that many of the educational books for the new Muslim neglect the learning aspect that includes practical application.

This is the reason that arose the need for intense propagation programs that will receive these groups on the day they embrace Islam in order to present to them the important aspects of this Religion that every Muslim must have knowledge of in a simple and easy manner and in the shortest time possible. The Islamic Center of Al-Ahsa has taken the responsibility of teaching the new Muslims for over 15 years, so it was lead to place an educational foundation to teach them. After long years of consistent experience in Calling to Allah and Islamic Propagation, the curriculum has been established.

Who Will Benefit?

The new Muslims in their first week following their entrance into Islam.

3

Terms Used In This Book

- 1- The New Muslims: A Person Who Recently Accepted Islam.
- 2- The Teacher: The Da'ee (Caller To Islam) Who Is Knowledgeably Fit To Teach.
- 3- One Week: The Time Period In Which The Lessons Of This Book Should Be Taught.

Guidelines to Using this Book

- This book is for the new Muslims who have no knowledge in the Islamic rulings and obligations that they must adhere to immediately after their entrance into Islam.
- The duration for teaching the lessons in this book is one week; it may be reduced or extended in accordance with what is needed.
- 3. The lessons of this book are ranked according to their importance, beginning with the most important.
- 4. Note taking by the student (the new Muslim) is recommended throughout this course.
- 5. It is required that the teacher complies by the order in which the lessons have been placed.
- Teaching, which may be done at an individual or group level, is suggested to be carried out in a learning environment with the most updated techniques.
- 7. A copy of this book should be given to the new Muslim at the start of this course.
- 8. The teacher should adhere and abide by the lessons of this book, so as not to confuse the new Muslim.
- The teacher should, at the start of this course, layout to the student(s) the curriculum that they will follow in this book and it's importance, as well as the participation required by the student(s) during and after the course.

References

The information in this book has been reviewed, authenticated and ensured that it follows the Quran and Sunnah, by students of knowledge and by authentic resources. It is also appropriate for the beginning level of the new Muslim after embracing Islam, and it provides the necessary information that every Muslim must have knowledge of, and Allah is the Source of Success.

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General Objectives of this Book

Upon completion of this book, the new Muslim is expected to accomplish the following:

First; Academic Objectives

1. Know the Pillars of Islam.

- 6. Number the obligatory salah.
- 2. Know the Pillars of Eman (Faith).
- 7. Know the virtue of the obligatory salah.
- 3. Know how to perform wudhu (ablution).
- 8. Pinpoint the timings of the obligatory salah.
- 4. Know how to perform ghusl (complete bath). 9. Indicate the number of rak'ahs for each salal.
- al-masah (wiping over socks).
- 5. Explain the Islamic Rulings with regards to 10. Memorize short surahs (chapters) of the Qurant.
 - 11. Memorize supplications said during salah.

- 1. Perform the obligatory salah proficiently.
- 2. Perform the wudhu proficiently.
- 3. Wipe on socks in the correct manner.

Recommended Teaching Methods

- Dialogue And Discussion .
- Practical Application .
- Cooperation In Learning .
- Group Work .

- Question Directed To The Students .
- Questions directed to the students
- Dictation.

Lesson One

The Pillars of Islam and Eman (Faith)

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- 1. The Pillars of Islam
- The Pillars of Eman (Faith)
- Performing wudhu (ablution) in the correct manner.
- 4. Performing Salah (prayer) in the correct manner.

Suggested Timings for the Lesson

Subject	Time (minutes)
Pillars of Islam and Eman	25
Practical Application of Wudhu	25
Practical Application of Salah	25
Review of the Lesson	15

Recommended Teaching Methods for this Lesson

- Poster board outlining the Pillars of Islam
- 2. Poster board outlining the Pillars of Eman
- 3. Stickers for each individual pillar of the Pillars of Islam and Eman.
- 4. Arrangement of images of different acts of wudhu and salah in sequential order.

First

The Pillars of Islam

Islam is build upon five pillars; a person does not become a Muslim until he acknowledges and believes in them and performs them with true faith (eman) and sincerity.

Narrated Ibn 'Umar: Allah's Apostle said: "Islam is built upon five [pillars]: the testimony that there is no god but Allah and that Muhammad is the Messenger of Allah; establishing regular prayer (salaah); paying the zakaah; Hajj (pilgrimage) and fasting Ramadaan." (Agreed upon)

The Pillars of Islam are

- Al-Shahaadatayn (the twin testimony of faith): "I bear witness that there
 is no deity (none truly to be worshipped) but, Allah, and I bear witness
 that Mohammad is the messenger of Allah." (Ash-hadu anla elaha illaAllah wa ash-hadu anna Mohammadan rasul-Allah)
- Establishing regular salah (prayer)
- 3. Paying zakaah (compulsory charity)
- 4. Fasting (sawm) Ramadan
- 5. Hajj (pilgrimage) to Makkah for those who are able to find a way there.

The meaning of "I bear witness that there is no deity but Allah" is that none is truly worthy of worship except Allah. All forms of worship should be directed to Allah including fear, hope, reliance upon, seeking help and aid, supplication, bowing, and prostration. Allah is the true God and anything else worshiped beside Him is a false God.

This testimony, "I bear witness that there is no deity but Allah", is simultaneously a denial and affirmation. It is denial of all worship other than that of Allah. It is affirmation that all worship is for Allah alone without partners.

The meaning of "I bear witness that Mohammad is the messenger of Allah" is that Muhammad & is a true messenger sent by Allah. It is obligatory to obey the Messenger of Allah in what he orders, believe him in what he says, abstaining from what he forbade, and worshipping Allah in the way he taught us.

Questions to Reflect Upon

- When does a person become Muslim?
- Is the Islam of a person valid if they believe in fasting Ramadan and Hajj, but does not believe in paying zakaah?

Second

Charles Comments

The Pillars of Eman (Faith)

There are six pillars to Faith; the faith of a slave is not complete until he believes in them all.

Narrated Umar Ibn Al-Khattab that a man questioned the Prophet & about faith, who said: "Faith means to believe in Allah, His angels, His Books, His Messengers, the Last Day, and the Divine Decree, both good and bad." (Muslim)

The Pillars of Faith are

- 1. Belief in Allah
- 2. Belief in the Angels
- 3. Belief in the Books of Allah
- 4. Belief in the Messengers of Allah
- Belief in the Last Day
- Belief in Divine Decree, both good and bad.

Questions to Reflect Upon

- What is the ruling regarding the one who disbelieves in resurrection after death?
- Is the Faith of a person valid if he believes in Allah and the Angels but does not believe in the Messengers?

Third

Wudhu (Practical Application)

The new Muslim should be able perform wudhu.

Fourth

Salah (Practical Application)

The new Muslim should be able to perform the motions of salah and memorize the following supplications: subhaana Allah (how perfect Allah is), al-hamdulillaah (all praise is for Allah), Allahu Akbar (Allah is the greatest), and la ilaaha illa Allah (no one has the right to be worshiped except Allah). These supplications should be pronounced by the new Muslim in every position of salah until they learn the correct supplications.

Test Your Knowledge

Place a (✓) before the true statement and an (×) before the false state

- Whoever abandons salah has abandoned a pillar of Islam.
- Whoever disbelieves in Divine Decree, has disbelieved in one of the pillars of Eman.
- The Muslim performs the obligatory salah.
- Pronouncing the twin testimony of faith (al-shahaadatayn) is the first step to becoming a Muslim.
- Hajj (pilgrimage to Makkah) is one of the pillars of Islam.

Fill in the blanks

The Pillars of Eman are:

Belief in....

Belief in....

Belief in.....

Belief in.....

Belief in.....

Belief in.....

Lesson Two

Wudhu (Ablution) and Al-Ghusl (Complete Bath)

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- 1. List the steps to performing wudhu.
- Practically apply wudhu.
- List at least four nullifiers of wudhu.
- Explain the Islamic Rulings with regards to al-masah (wiping over socks).
- Know how to perform ghusl.
- Identify when ghusl becomes obligatory.

Suggested Timings for this Lesson

Subject	Time (minutes)
Wudhu	25
Al-Masah (wiping over al-khuffs and socks)	10
Explanation of al-ghusl and when it becomes obligatory	25
Application of Wudhu and Salah (Review)	15
Review of the Lesson	15

Recommended Teaching Methods for this Lesson

- 1. Video demonstrating how to perform wudhu.
- Pictures illustrating how to perform wudhu.
- Poster boards outlining the nullifiers of wudhu.
- 4. Table outlining the difference between what is prohibited for the one in a state of minor impurity to do vs. what is prohibited for the one in a state of *janabah* (sexual impurity) to do.

First

abusiness services

Wudhu (Ablution)

A. Virtue of Wudhu

Many ahadeeth (Prophetic sayings) have been narrated concerning the virtue of wudhu, among them is the saying of Messenger of Allah: He who performed ablution well, his sins would come out from his body, even coming out from under his nails. (Muslim)

B. Description of Wudhu

- 1. Intention in the heart to perform wudhu.
- 2. Say "Bismillaah" (In the Name of Allah).
- 3. Wash the hands three times. (See Figure 1)

Washing the hands



 Rinse the mouth three times, swirling the water around inside your mouth. (See Figure 2)

2 Rinsing the mouth



5. Rinse the nose three times and blow the water out. (See Figure 3)

Rinsing the nose and blowing the water out



6. Wash the face three times, from the hairline to the jawbone and chin, and from ear to ear. (See Figure 4) A man should wash the hair of his beard; if his beard is thin he has to wash it out, and if it is thick and covers the skin, he should wash the surface of it only and run his wet fingers through it.



4 Washing the face

7. Wash the arms up to the elbows three times. (See Figure 5-A and Figure 5-B)

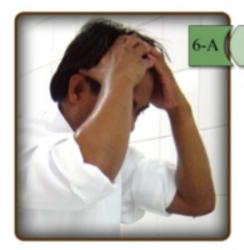


Washing the right arm

5-B Washing the left arm



8. Wiping the head once with wet hands by putting the wet hands at the front of the head and bring them to the back of the head, then bring them back to the place where one started. (See Figure 6-A and Figure 6-B)



Wiping the front of the head

6-B Wiping the back of the head



Wipe the ears by putting the index fingers in the ears and wipe the back of the ears with the thumbs. (See Figure 7)

7 Wiping the ears



10. Wash the feet three times up to the ankles. (See Figure 8-A and Figure 8-B)



Washing the right foot

8-B Washing the left foot



C. Nullifiers of Wudhu

They Are Five:

- Any discharge from the urethra or anus; such as urine, stool, wind, madhiy¹, and wadiy².
- Emission of any impure substance from anywhere other than the urethra or anus; such as urine, stool, or heavy bleeding.
- Unconsciousness due to deep sleep (while reclining), madness, fainting, intoxication or some medicine.
- 4. Touching the private parts without any barrier.
- 5. Eating camel meat.

⁽¹⁾ Madhiy is a sticky white fluid that is usually emitted as a result of sexual excitement.

⁽²⁾ Wadiy is a thick, white fluid which may come after urination.

D. Acts that are prohibited for the one in a state of minor impurity

- 1. Salah (Prayer).
- 2. Circumambulating the Ka'bah.
- 3. Touching a copy of the Quran.

Questions to Reflect Upon

- A man performed wudhu, then fell asleep for short period while sitting, is his wudhu invalidated?
- A man performed wudhu, then touched his private parts with his hands over his clothes, should he re-do his wudhu?
- A man performed wudhu, then he ate lamb meat, should he re-do his wudhu for salah?
- A man performed wudhu by washing his feet first, then his face, then wiped his head, and then washed his hands. What is incorrect about his wudhu?

Second

Al-Masah: Wiping over Al- Khuffayn (Leather Soeks) and Al-Jawrabayn (Soeks)

Footwear that is made from leather is called *khuff*, and if it is made from other than leather such as wool, cotton, and linen it is called *jawrab* (socks). Shoes take the place of *khuff*s if they cover the ankles.

A. Its Legislation

If a person is wearing khuffayn or jawrabayn and wishes to perform wudhu, it is permissible for him/her to wipe over the khuffayn or jawrabayn if the following conditions are fulfilled:

- That they should have been put on when one was in a state of tahaarah (purity, i.e., when one has wudhu)
- 2. That they completely cover the foot to the ankle.

B. Description of Al-Masah

The way in which one wipes over the *khuffayn* or *jawrabayn* is to put one's wet fingers on the toes then pass them over the feet to the shin. (See Figure 9)

9 Wiping over the khuffayn or jawrabayn.



C. Its Duration

Wiping over the *khuffayn* or *jawrabayn* may be done within a specific time, which is one day and one night (24 hours) in the case of one who is not traveling, and three days and three nights (72 hours) in the case of one who is traveling. This period starts from the first time one wipes over the socks when doing *wudhu* after some minor impurity.

D. Its Nullifiers

- 1. The end of the permissible time period for wiping.
- 2. When ghusl (complete bath) becomes obligatory. (More explanation to come)
- 3. Removal of the khuffayn or jawrabayn.

Questions to Reflect Upon

- A man performed wudhu after which he wore a pair of socks, then he removed them then he wore them again, is it permissible for him to wipe on them?
- A man wiped over his khuffs and the bottom of his khuffs, how should one correct him?

Third

Ghusl (Complete Bath)

A. Description of Complete Ghusl

- 1. Intention in the heart for purification.
- 2. Say "Bismillaah" (In the Name of Allah).
- 3. Wash the hands three times.
- 4. Wash the private parts.
- Perform wudhu like wudhu done for prayer. Then water should be poured on the head three times, making sure that it reaches the roots of the hair. Next, wash the feet (washing the feet may be delayed until the end of ghusl).
- Pour water on the entire body, starting with the right side then the left side.
 Make sure that water reaches all recessed parts such as the navel, the armpits, and the ears.

B. Description of Sufficient Ghusl

First, intention for purification, then say "Bismillaah", then wash the entire body with water, including rinsing the mouth and nose.

C. When Ghusl becomes Obligatory

- Ejaculation of maniy (semen) accompanied by sexual pleasure, whether asleep or awake.
- Sexual intercourse, meaning insertion of the male sexual organ into the female sexual organ, whether it is accompanied by the ejaculation of maniy (semen) or not.
- 3. Cessation of menstruation and postnatal bleeding.
- 4. Acceptance of Islam.
- 5. Death, apart from a martyr slain in battle.

D. What is prohibited for the one who is in state of *Janabah* (sexual impurity)

- 1. Salah (Prayer).
- 2. Circumambulating the Ka'bah.
- 3. Touching a copy of the Quran.
- Reciting the Quran.
- 5. Entering a mosque, except for merely passing through.

E. What is prohibited due to Menstruation (Al-Haydh) and Postnatal Bleeding (Nifas)

- 1. Salah (Prayer); it does not have to be made up after purity.
- 2. Fasting; it must be made up after purity.
- 3. Circumambulating the Ka'bah.
- 4. Entering a mosque, except for merely passing through.
- Touching a copy of the Quran. (It is permissible to read the Quran and to touch the Quran from behind a barrier.)
- 6. Sexual intercourse.

Questions to Reflect Upon

- A man had sexual intercourse with his wife, he then wished to read Quran, what should he do?
- A woman's menstruation ceased before the time of salah, what should she do?

Fourth

Practical Application of Al-Masah

Fifth

Application of Wudhu and Suluh (Review)

Islamic Rulings On Menstruation, Istihaadah (Bleeding), And Postnatal Bleeding

	Postnatal Bleeding	Istihadah (Bleeding)	Menstruation
Definition	Flow of blood from a pregnant woman after or before childbirth.	Continuation of the flow of blood (red in color) from a woman. This blood differs from the blood of menstruation by its color, consistency, and smell.	Flow of natural blood (black/dark red in color) from the womb of a woman.
Timing	After childbirth or before childbirth by one or two or three days	No specific time	On average, between the age of 9 up to 50 years.
Duration	Maximum: 40 days Minimum: None	None	Maximum: 15 days Average: 6 or 7 days every month Minimum: One day and one night
Obligations	Ghusl upon its ending Make-up fasting	Performs wudhu for each salah	Ghusl upon its ending Make-up fasting
Prohibitions (during that period)	Salah (Prayer) Fasting Circumambulating the Ka'bah. Entering a mosque, except for merely passing through. Touching a copy of the Quran, without a barrier. Sexual intercourse	None	Salah (Prayer) Fasting Circumambulating the Ka'bah. Entering a mosque, except for merely passing through. Touching a copy of the Quran, without a barrier. Sexual intercourse
Rulings (during that period)	It is permissible to engage in her normal day-to-day activities (i.e. cooking, cleaning, etc.) Fondling her husband (without intercourse) is permissible	Wears some sort of absorbent protection (e.g. sanitary pad) to protect her clothing, mosque, etc. from contamination.	The divorced woman observes her waiting period according to her menstrual cycles. It is permissible to engage in her normal day-to-day activities (i.e. cooking, cleaning, etc.) Fondling her husband (without intercourse) is permissible

Test Your Knowledge

Answer the following questions: 1. In what situations is it obligatory for one to perform ghusl? 2. Describe the way in which ghusl is to be done? 3. Is it permissible for the one in a state of janabah (sexual impurity) to pray or circumambulate around the Ka'bah? 4. List the nullifiers of wudhu. Place a (✓) before the true statement and an (×) before the false statement. When performing wudhu, wipe the head first then wash the arms up to the elbows. If a person who has performed wudhu breaks wind before he prayed, he must repeat the wudhu. It is not permissible to wipe on the khuffayn or jawrabayn if they were not worn when one was in a state of purity.

Lesson Three

Salah (Prayer) and the Memorization of Al-Fatihah

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- State four points to the importance of salah.
- Know one of the virtues of salah.
- Know the number of rak'ahs for each obligatory salah.
- Pinpoint the timings of the obligatory salah.
- Recite Al-Fatihah from memory.
- Practically apply wudhu and salah.

Suggested Timings for the Lesson

Subject	Time (minutes)
Virtue and Importance of Salah	10
The Obligatory (Fardh) Salah (Number of Rak'ahs and Timings)	20
Reading and Memorization of Al-Fatihah	25
Application of Wudhu and Salah (Review)	20
Review of the Lesson	15

Recommended Teaching Methods for this Lesson

- 1. Stickers outlining the virtues of salah.
- Table outlining the number of rak'ahs and timings for each salah.
- Audiotape of the recitation of Al-Fatihah.

Salah has a great importance in Islam, for it is...

- ✓ The second pillar of the five pillars of Islam
- ✓ The pillar of Islam, without it Islam cannot stand
- ✓ The first act of worship that was made obligatory by Allah
- ✓ A daily obligatory act of worship that connects the Muslim with his Lord
- ✓ One of the eminent symbols of Islam
- ✓ It is the first act that the slave will be accountable for on the Day of Judgement. If it is good then the rest of his acts will be good. And if it is evil, then the rest of his acts will be evil.

Many ahadeeth (Prophetic sayings) have been narrated concerning the virtue of salah, among them is: Narrated Abu Huraira: I heard Allah's Messenger saying, "If there was a river at the door of anyone of you and he took a bath in it five times a day would you notice any dirt on him?" They said, "Not a trace of dirt would be left." The Prophet added, " That is the example of the five prayers with which Allah blots out (annuls) evil deeds." (Agreed upon)

Second

The Obligatory (Fardh) Salah : Number Of Rak^a Ahs And Timings

Allah سبحانه وتعالى enjoined on His slaves five daily prayers; Fajr (dawn), Dhuhr (noon), 'Asr (afternoon), Maghrib (sunset), and 'Isha (evening). They are to be performed at their due times, as Allah said: "Verily, the prayer is enjoined on the believers at fixed hours." (An-Nisa 4:103)

The following table outlines the names, rak'ahs (units), and timings for each obligatory salah:

Table of Rak'ahs (units) and Timings for the Obligatory Salah (Prayers)

Salah	Number of Rak'ahs (units)	Timing
Fajr (dawn)	Two	Begins with the onset of the "second dawn" (i.e. the brightness that appears along the horizon in the east and extends north to south) and ends when the sun starts to rise.
Dhuhr (noon)	Four	Begins when the sun has passed its zenith (i.e., has passed the highest part of the sky and started to descend towards the west) and ends when a man's shadow is equal in length to his height.
'Asr (afternoon)	Four	The preferred time begins when the time for Dhuhr ends until the sun begins to turn yellow. The time of necessity begins from when the sun turns yellow until sunset.
Maghrib (sunset)	Three	Begins when then the sun sets, until the twilight or red afterglow has faded.
'Isha (evening)	Four	Begins when the twilight or red afterglow has faded until midnight.

Questions to Reflect Upon

- A man prayed dhuhr before the sun passed its zenith, is his salah valid?
- A woman slept during the night and did not wake up until the sun had risen, what is the ruling regarding her case?
- Identify other virtues of salah beside what has already been mentioned in this book.

Third

Memorization of Al-Fatihah (The Opening)

بِسْمِ ٱللّهِ ٱلرَّحْمَانِ ٱلرَّحِيمِ ﴿ ٱلْحَمْدُ لِلّهِ رَبِ ٱلْعَالَمِينَ ﴾ ٱلرَّحْمَانِ ٱلرَّحِيمِ ﴾ مَالِكِ يَوْمِ ٱلدِّينِ ﴾ آهدنا ٱلصِّرَاطَ مَالِكِ يَوْمِ ٱلدِّينِ ﴾ آهدنا ٱلصِّرَاطَ المُسْتَقِيمَ ﴿ وَلَا ٱلضَّالِينَ ﴾ المُسْتَقِيمَ ﴿ عَلَيْهِمْ وَلَا ٱلضَّالِينَ ﴾ المُسْتَقِيمَ ﴿ عَلَيْهِمْ وَلَا ٱلضَّالِينَ ﴾

Translation:

- 1. In the name of Allah, the Entirely Merciful, the Especially Merciful.
- 2. [All] praise is [due] to Allah, Lord of the worlds -
- 3. The Entirely Merciful, the Especially Merciful,
- 4. Sovereign of the Day of Recompense.
- 5. It is You we worship and You we ask for help.
- 6. Guide us to the straight path -
- The path of those upon whom You have bestowed favor, not of those who have evoked [Your] anger or of those who are astray.

Fourth

Review of Wudhu and Salah

- Practically apply wudhu.
- Practically apply salah twice or more.
- 3. Join the congregational salah in the mosque.

Test Your Knowledge

Recite al-Fatihah.
Write the correct number in each bracket:
Number of rak'ahs for 'isha. Number of rak'ahs for dhuhr Number of rak'ahs for dhuhr Number of rak'ahs for maghrib
Fill in the blanks:
The time for <i>maghrib</i> is The time for <i>dhuhr</i> is It is obligatory on the Muslim to pray daily prayers.
Write a hadeeth that describes the virtue of salah:
Place a (✓) before the true statement and an (×) before the false statement.
By the performance of salah, Allah annuls the evil deeds of a Muslim. The timing for 'asr starts when the time of dhuhr ends until the sun begins to turn yellow. The timing for fajr begins with the onset of the "second dawn" until the time of dhuhr begins. Allah سبحانه وتعالى has enjoined on His slaves five daily prayers.

Lesson Four

Description of the Salah (Prayer) and Memorization of *Al-Tashahhud*

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- List the conditions of salah.
- Describe the method in which salah is carried out.
- Perform salah with the correct movements and supplications.
- Recite al-tashahhud from memory.

Suggested Timings for the Lesson

Subject	Time (minutes)
Description of the Salah (theoretical)	25
Practical Application of Salah	20
Memorization of Al-Tashahhud	30
Review of the Lesson	15

Recommended Teaching Methods for this Lesson

- Videotape demonstrating how salah is done.
- Pictures illustrating how salah is performed.
- Audiotape of the recitation of al-tashahhud.
- 4. Table outlining the different supplications said during salah.

Description of the Salah (Prayer)

Prerequisites of Salah

The following conditions must be fulfilled prior to salah for it to be valid:

Knowledge that the time for prayer has begun.

Purity from major and minor impurities. (1)

Purity of the body, clothes, and place.

Covering the 'awrah (parts of the body that are not supposed to be exposed to others).

Facing the qiblah (i.e. Ka'bah)

Intention; that is determination in the heart to perform the salah.

Standing during the salah for those who are able.

Description of the Salah

After the above conditions have been fulfilled, perform the salah as described in the following steps:

 Begin with the opening takbeer saying "Allahu akbar" (Allah is the Most Great), looking towards the place where one will prostrate.

⁽¹⁾ Major impurity is what requires ghusl and minor impurity is what requires wudhu.

While saying the opening takbeer, raise the hands to the level of the shoulders or to the level of the earlobes. (See Figure 1 and Figure 2)



Raising the hands parallel to the shoulders

Raising the hands parallel to the earlobes



Place the hands on the chest, with the right hand over the left hand.
 (See Figure 3 and Figure 4)



Placing the hands on the chest (front-view)

Placing the hands on the chest (side-view)



4. Recite du'aa' al-Istiftaah (du'aa'/supplication at the start of prayer):

"Subhaanaka Allaahumma wa bihamdika, wa tabaaraka ismuka wa ta'aala jadduka, wa laa ilaaha ghayruka" (Glory and praise be to You O Allah, blessed be Your name and exalted be Your Majesty, and there is no god but You)

- 5. Then say:
 - "A'oodhu Billaahi min al-Shaytaan il-rajeem, Bismillah il-Rahmaan il-Raheem" (I seek refuge with Allaah from the accursed Satan, In the Name of Allaah, Most Gracious, Most Merciful)

Recite al-Fatihah. Then say "Aameen" (O Allah! Grant our prayers) aloud in salah where the recitation of the Quran is aloud, and quietly otherwise.

- 6. Recite another surah (chapter) of the Quran, or part of a surah.
- 7. Bow, saying "Allahu akbar":
 - a. Raising the hands parallel to the shoulders or earlobes. (See Figure 1 and Figure 2)
 - b. Positioning the head at the same level as the back (neither lowering it nor raising it), looking towards the place where one will prostrate.
 - c. Placing the hands on the knees firmly and spacing the fingers out.
 - d. Attain calmness in bowing, saying: "Subhaana Rabbiy al-'Azeem" (Glory be to my Lord, the Almighty) three times or more. (See Figure 5)



- 8. Straightening up from bowing:
 - a. Raising the hands parallel to the shoulders or earlobes. (See Figure 1 and Figure 2)
 - b. Saying: "Sami'a Allahu liman hamidah" (Allah listens to the one who praises Him). (If one is leading a congregational prayer or praying alone).
 - c. Whilst standing say: "Rabbanaa wa laka al-hamd" (Our Lord, to You be all praise).
- Prostrate, saying "Állahu akbar": Prostrate on seven bodily parts:
 - (1) The forehead and the nose
 - (2-3) The two palms
 - (4-5) The two knees
 - (5-6) The toes touching the ground and pointing in the direction of the *qiblah* (*Ka'bah*). Say: "Subhaana Rabbiy al-'A'laa" (Glory be to my Lord Most High) three times or more. (See Figure 6 and Figure 7)



Prostration (side-view)



Prostration and positioning of the toes towards the *qiblah* (back-view)

- 10. Raise the head, saying "Allahu akbar":
 - a. Spread the left leg and sit on it.
 - b. Place the right foot upright and its toes pointing towards the qiblah.
 - c. Lay the hands on the thighs or the knees.
 - d. Say: "Rabbi ighfir li" (My Lord, forgive me).
 - e. Attain calmness in the sitting prostration. (See Figure 8 and Figure 9).



Sitting position and placing the hands on the thighs or knees (Front-view)

Sitting position and posture of the legs. (Back-view)



- 11. Make the second prostration, saying "Állahu akbar", and perform this prostration just like the first one.
- Stand up for the second rak'ah, saying "Állahu akbar", and complete this rak'ah just like the first.
- 13. After the second prostration of the second rak'ah sit and recite the tashahhud and prayers upon the Prophet B

14. Turn the face to the right saying: "Al-Salaamu 'alaykum wa rahmat-Allaahu" (May the peace and blessings of Allah be upon you). Then turn the face to the left, saying: "Al-Salaamu 'alaykum wa rahmat-Allaahu".
(See Figure 10 and Figure 11)



10 Saying salaam to the right

11 Saying salaam to the left



15. If the salah is not a two rak'ah prayer (i.e. three or four rak'ahs), after reciting tashahhud, stand up, raising the hands and saying "Allahu akbar". Complete these rak'ahs just like the first, except that only al-Fatihah is recited.

16. If the salah consists of three or four rak'ahs, sit for the final tashahhud by placing the left foot under the right leg, sit on the entire posterior, and erect the right foot with its toes pointing towards the qiblah.

(See Figure 12)



12 Sitting posture for the final tashahhud



- When a man was praying 'asr he stood up after completing the first rak'ah and then prostrated without bowing, is his salah valid?
- A man prayed facing Medina, what is the ruling concerning his salah?
- A man prayed before the time of salah approached. Is his salah valid?

Second

Memorization of Al-Tashahhad

After raising the head from the second prostration of the second *rak'ah* in *salah*, one should sit and recite the *tashahhud*. The *tashahhud* should also be recited in the final sitting if the *salah* is three or four *rak'ahs*. The following is the *tashahhud*:

"Al-tahiyyaatu Lillaahi wa'l-salaawaatu wa'l-tayyibaat. Al-salaamu 'alayka ayyuha'l-Nabiyyu wa rahmat-Allahi wa barakaatuhu. Al-salaamu 'alayna wa 'ala 'ibaad-Illaah il-saaliheen. Ash-hadu an laa ilaaha ill-Allaah wa ash-hadu anna Muhammadan 'abduhu wa rasooluhu."

(All compliments, prayers and pure words are due to Allah. Peace be upon you, O Prophet, and the mercy and blessings of Allah. Peace be upon us and upon the righteous slaves of Allah. I bear witness that there is no god except Allah, and I bear witness that Muhammad is the slave and Messenger of Allah).

Third

Review of Al-Fatihah

Fourth

Application of Wudhu and Sulah (Review)

Supplications Recited During Salah

Name of the Supplication	When to Say this Supplication	Transliteration and Translation of the Supplication		
Al-Takbeer	To begin salah and upon moving from position to position, except when rising from bowing.	"Allahu akbar" (Allah is the Most Great)		
Du'aa' al-Istiftaah (Opening Supplication)	After the opening takbeer	"Subhaanaka Allaahamma wa bihamdika, wa tabaara ismuka wa ta'aala jadduka, wa laa ilaaha ghayruka' (Glory and praise be to You O Allah, blessed be Your n and exalted be Your Majesty, and there is no god but Y		
Al-Isti'aadhah (Seeking Refuge)	Before recitation of al-Fatihah	"A'oodhu Billaahi min al-Shaytaan il-rajeen (I seek refuge with Allah from the accursed Sata		
Al-Basmalah	Before recitation of al-Fatihah	"Bismillah il-Rahmaan il-Raheem" (In the Name of Allah, Most Gracious, Most Mercifi		
Al-Fatihah	Standing position	See Lesson Three		
Al-Ta'meen	After recitation of al-Fatihah	"Aameen" (O Allah! Grant our prayers)		
Tasbeeh al-rukoo'	Bowing	"Subhaana Rabbiy al-'Azeem" (Glory be to my Lord, the Almighty)		
Al-Tasmee'	While rising from bowing	: "Sami'a Allahu liman hamidah" (Allah listens to the one who praises Him)		
Al-Tahmeed	Standing position after bowing	"Rabbanaa wa laka al-hamd" (Our Lord, to You be all praise).		
Tasbeeh al-sujood	Prostration	"Subhaana Rabbiy al-'A'laa" (Glory be to my Lord Most High)		
Al-Istighfaar	Between the two prostrations	"Rabbi ighfir li" (My Lord, forgive me)		
Al-Tashahhud	The first sitting position after two rak 'ahs and the final sitting position in the third or fourth rak 'ah.	See previous page		
Prayers upon the Prophet &	Final sitting position after tashahhud	See Lesson Five		
Al-Tasleem	To end salah	"Al-Salaamu 'alaykum wa rahmat-Allaahu (May the peace and blessings of Allah be upon y		

Test Your Knowledge

Recite the following: 1. Al-Fatihah 2. Al-Tashahhud How many times does one bow and prostrate in one rakah? Place a (\checkmark) before the true statement and an (\times) before the false statement. In salah, one stands, then prostrates, and then bows. The hand is only raised during the opening takbeer. During salah, after one does the bowing for the first rak'ah, they stand for the second rak'ah. Al-Fatihah is recited in prayer after al-isti 'aadhah and al-basmalah. The tashahhud is read between the two prostrations. The tasleem is said to one's right then to one's left to end the salah. Match the words in column A with the words in column B: В A

Al-Isti'aadhah Subhaana Rabbiy al-'A'laa
Tasbeeh al-rukoo' Subhaana Rabbiy al-'Azeem
Tasbeeh al-sujood Al-Salaamu 'alaykum wa rahmat-Allaahu
Al-Tasleem A'oodhu Billaahi min al-Shaytaan il-rajeem
Sami'a Allahu liman hamidah

Lesson Five

Memorization of the Prayers upon the Prophet &

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- Memorize the prayers upon the Prophet B
- Recite al-Fatihah and al-tashahhud perfectly from memory.
- Apply salah with recitation of al-Fatihah and al-tashahhud.

Suggested Timings for the Lesson

Subject	Time (minutes)		
Memorization of the Prayers upon the Prophet 🚳	25		
Review of al-Fatihah and al-tashahhud	25		
Application of Wudhu and Salah (Review)	25		
Review of the Lesson	15		

Recommended Teaching Methods for this Lesson

- Audiotape of the recitation of the Prayers upon the Prophet B
- Arrangement of different words (on index cards) from the supplication of the prayers upon the Prophet in order.

First

Memorization of the Prayers upon the Prophet &

After reciting the tashahhud, one should send prayers upon the Prophet & and his family, by saying:

"Allaahumma salli 'ala Muhammad wa 'ala aali Muhammad kama salayta 'ala Ibraaheem wa 'ala aali Ibraaheem, innaka hameedun majeed. Allaahumma baarik 'ala Muhammad wa 'ala aali Muhammad kama baarakta 'ala Ibraaheem wa 'ala aali Ibraaheem, innak hameedun majeed"

(O Allah, send prayers upon Muhammad and upon the family of Muhammad, as You sent prayers upon Ibrahim and upon the family of Ibrahim; You are indeed Worthy of Praise, Full of Glory. O Allah, send blessings upon Muhammad and upon the family of Muhammad as You sent blessings upon Ibrahim and upon the family of Ibrahim); You are indeed Worthy of Praise, Full of Glory)."



Lesson Six

Memorization of Surat Al-Ikhlas

Memorization of Surat Al-Ikhlas

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- Memorize Surat Al-Ikhlas.
- Recite al-Fatihah accurately from memory.
- 3. Recite al-tashahhud accurately from memory.
- Recite Prayers upon the Prophet

 accurately from memory.

Suggested Timings for the Lesson

SubjectTime (minutes)Memorization of Surat Al-Ikhlas25Review of al-Fatihah10Review of al-tashahhud10Review of the Prayers upon the Prophet 10Application of wudhu and salah20Review of the Lesson15

Recommended Teaching Methods for this Lesson

- Audiotape of the recitation of Surat Al-Ikhlas
- Surat Al-Ikhlas sticker.

First

Memorization of Surat Al-Ikhlas (Absoluteness)

بسم الله الرحمن الوحيم

﴿ قُلْ هُوَ اللَّهُ أَحَدٌ. اللَّهُ الصَّمَدُ. لَمْ يَلِدْ وَلَمْ يُولَدْ. وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴾

Translation: In the Name of Allah, the Most Beneficent, the Most Merciful

- 1. Say, "He is Allah, [who is] One,
- 2. Allah, the Eternal Refuge.
- He neither begets nor is born,
- 4. Nor is there to Him any equivalent."

Second

William Williams

Review of Al-Fatihah

Third

Review of Al-Tashahhud the Prayers upon the Prophet 🚳

Fourth

Application of Wudhu and Salah (Review)

Lesson Seven

Memorization of Surat Al-'Asr and Surat Al-Kauthar

Objective of the Lesson

The new Muslim is expected to learn from this lesson the following:

- Memorize Surat Al- 'Asr.
- Memorize Surat Al-Kauthar.
- Recite al-Fatihah accurately from memory.
- Recite Surat Al-Ikhlas accurately from memory.
- Recite al-tashahhud accurately from memory.
- Recite Prayers upon the Prophet

 accurately from memory.

Suggested Timings for the Lesson

Subject	Time (minutes)
Memorization of Surat Al-'Asr	20
Memorization of Surat Al-Kauthar	20
Review of al-Fatihah	10
Review of Surat Al-Ikhlas	5
Review of al-tashahhud	5
Review of the Prayers upon the Prophet 🙈	5
Application of wudhu and salah (Review)	15
Review of the Lesson	10

Recommended Teaching Methods for this Lesson

- 1. Audiotape of the recitation of Surat Al-'Asr and Surat Al-Kauthar
- Surat Al-'Asr sticker.
- 3. Surat Al-Kauthar sticker

First

Memorization of Surat Al-Asr (The Declining Day)

سورة العصر

بسم الله الرحمن الرحيم

﴿ وَالْعَصْرِ ١) إِنَّ الْإِنْسَانَ لَفِي خُسْرِ ٢) إِلَّا الَّذِينَ ءَامَنُوا وَعَيلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا بِالصَّبْرِ ٣) ﴾

Translation: In the Name of Allah, the Most Beneficent, the Most Merciful

- 1. By time,
- 2. Indeed, mankind is in loss,
- 3. Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.

Memorization of Surat Al-Kauthar (Abundance)

سورة الكوثر

بسم الله الرحمن الرحيم ﴿ إِنَّا أَعْطَيْنَاكَ الْكَوْتُرَ (١)فَصَلٌ لِرَبِّكَ وَالْحَرْ (٢)إِنَّ شَانِتَكَ هُوَ الْأَبْتَرُ٣﴾

Translation: In the Name of Allah, the Most Beneficent, the Most Merciful

- 1. Indeed, We have granted you, [O Muúammad], al-Kawthar.
- 2. So pray to your Lord and sacrifice [to Him alone].
- 3. Indeed, your enemy is the one cut off.

Second Review of Al-Fatihah and Surat Al-Ikhlas **Third** Review of Al-Tashahhud and the Prayers upon the Prophet 8 **Fourth** Application of Wudhu and Salah (Review)

Checking Your Understanding

Final Examination (100 Points)

Important Points Regarding the Final Examination:

- The student should be informed at the beginning of the course that they will write a final exam upon completing it.
- 2. The passing mark for this exam is 80/100.
- 3. In the case of inability to pass the exam, it is suggested that steps are taken to strengthen the student's areas of deficiency.

List the P	illars of Eman (Faith).		- L
List the P	illars of Islam.			(
			_	

A. Yo	ur <i>wudhu</i> was	invalio	lated du	ue to bre	eaking v	wind dur	ing salah.			
B. Afte	er waking up f	rom slo	eep, you	u spotteo	d <i>maniy</i>	(semen)	on your clo	thes.		
C. You	wanted to pe	rform s	<i>alah</i> , h	owever	you we	ere in a s	tate of impur	ity.		
D. You	u made wudhi	, but f	orgot to	wash y	our feet	t.				
E. You	ı made wudhu	, fell a	sleep ar	nd then	woke uj	p and wa	inted to perfo	orm salai	h.	
***				,		_				<u></u>
. Write	the number	er of	rak'al	ns (un	its) 10	r each	salan:			
	1. Fajr	()				4. Maghrib	()	
	2. Dhuhr	()				5. 'Isha	()	
	3. ' <i>Asr</i>	()							

Practical Section:

- 1. Perform wudhu.
- 2. Perform salah.
- 3. Recite al-Fatihah from memory.
- 4. Recite Surat Al-Ikhlas and Surat Al-Kauthar from memory.

15

25

7

6